



**BRIDGEWATER RECREATION COMMISSION**  
P.O. Box 216, Bridgewater, CT 06752 (860) 355-9133  
[www.bridgewatertownhall.org/recreation.html](http://www.bridgewatertownhall.org/recreation.html)

Fall 2009

### **Bridgewater Recreation Commission**

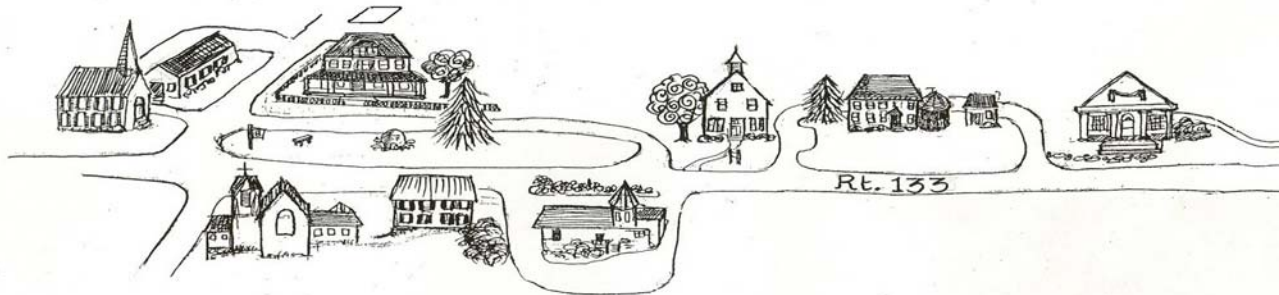
Jo Buchholz  
Patrick Dwyer, *Secretary*  
John Flaxman  
Dawn MacNutt,  
Jim Moker  
Julie Stuart  
Catherine Vikstrom, *Chairperson*  
Ann Virbickas, *Coordinator*

### **MISSION STATEMENT**

The mission of the Bridgewater Recreation Commission is provide and advocate for affordable recreational opportunities and access to well maintained recreational areas and equipment. The Bridgewater Recreation Commission cooperates with the public and private partners and correlates its offerings with other community organizations to promote a healthy lifestyle, good sportsmanship, and a strong sense of community for Bridgewater residents.



## **HALLOWEEN TRUNK OR TREAT OCTOBER 31<sup>ST</sup>, 2009**



**5:30-6:30 PM**

Ziti dinner (goodwill donation )  
at the Bridgewater Congregational Church

**6:00-7:30 PM**

Community Trunk-or-Treat and  
Halloween Haunting around Bridgewater Center

### **CALLING ALL CARS:**

Decorate your vehicle's trunk and  
share treats on Halloween Night!  
Register your trunk at the Bridgewater Town Hall  
**Prize awarded for "Best-Decorated Trunk"**

**VOLUNTEERS  
OF ALL AGES  
NEEDED: CALL  
355-9133**



## TANG SOO DO KARATE with LORRAINE DUNN-LARANETTO



Learn the skills of Tang Soo Do Karate from a Black Belt instructor. Karate is a great conditioner for strength and confidence. Open to all ages and levels. CLASS HELD AT BURNHAM SCHOOL.

**Lorraine Dunn-Laranetto**

10 sessions

**Thursdays**

6:30-7:30 PM

**10/15/2009 through 1/14/2010**

\$60 for first student

\$40 additional family members

### **BO STAFF TRAINING**

Study the ancient art of stick-fighting using choreographed offensive and defensive moves. Free to those enrolled in Karate program who have achieved Apprentice Purple Belt designation or higher. CLASS HELD AT BURNHAM SCHOOL.

**Lorraine Dunn-Laranetto**

10 sessions

**Thursdays**

7:35-8:00 PM

**10/15/2009 through 1/14/2010**

free to karate program enrollees

### **MEN'S DROP-IN BASKETBALL**

Adult drop-in basketball meets Wednesday nights at Burnham School. Participants must sign liability waiver.

**Ron Emond**

Ongoing

**Wednesdays**

7:00-9:00 PM

no charge

### **GOLF LESSONS FOR JUNIORS, ADULTS, AND WOMEN**      **\$100 FOR 4 SESSIONS**

CLASSES HELD AT GOLFQUEST, 1 Sand Cut Road, Brookfield, CT

Register through Bridgewater Recreation for this special rate.

Make check payable to: Town of Bridgewater

#### **Adult Novice**    \$100

September 16, 23, 30, October 7	Wednesdays	6-7 PM
October 15, 22, 29, November 5	Thursdays	6-7 PM
November 9, 16, 23, 30	Mondays	6-7 PM
December 8, 15, 22, 29	Tuesdays	6-7 PM

#### **Juniors**      \$100

September 16, 23, 30, October 7	Wednesdays	4:30-5:30 PM
October 15, 22, 29, November 5	Thursdays	4:30-5:30 PM
November 9, 16, 23, 30	Mondays	4:30-5:30 PM
December 8, 15, 22, 29	Tuesdays	4:30-5:30 PM

#### **Women Only**    \$100

September 17, 24, October 1, 8	Thursdays	6-7 PM
October 14, 21, 28, November 4	Wednesdays	6-7 PM
November 10, 17, 24, December 1	Tuesdays	6-7 PM
December 7, 14, 21, 28	Mondays	6-7 PM



## **BRIDGEWATER BASKETBALL**

### **Grades K-5**

Saturday morning  
developmental basketball program  
at Burnham School.

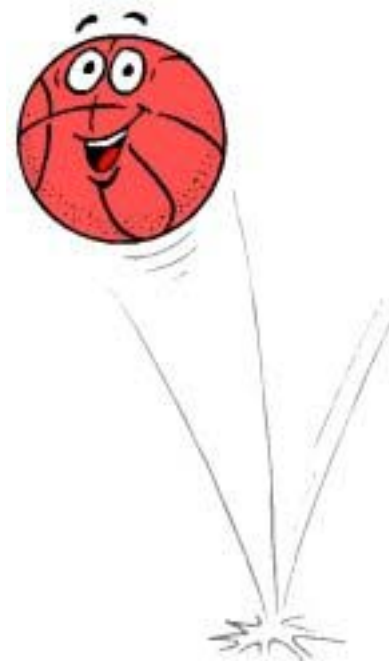
Registration Deadline December 11<sup>th</sup>, 2009.

**Program runs 1/9/10 through 3/13/10**

Registration forms available  
at Town Hall or online after November 1st.

***VOLUNTEER: Coaches needed!***

Contact Ann Virbickas at 355-5746 or 355-9133



### ***You may also be interested in:***

- **BVFD WOMEN'S AUXILIARY** Beer and Wine Tasting, September 12<sup>th</sup>. 5:30-8:30 PM  
\$25/person ( 354-6106)
- **BRIDGEWATER GRANGE** Roast Beef Dinner, September 12<sup>th</sup> and October 10<sup>th</sup>, seatings  
at 5:30 and 6:30 PM
- **TRIP TO MOHEGAN SUN** September 25<sup>th</sup>. Contact Marilyn Curtin 355-3090
- **KISS ME KATE**, Burnham Library Fundraiser at Theatre Works, October 3<sup>rd</sup>, 7 PM
- **ADULT MORNING SWIM** Monday to Friday, 6:45-7:45 AM at Shepaug Middle/High  
School
- **SWIM LESSONS FOR CHILDREN AND FAMILY SWIM** at Shepaug Middle/High School  
*To be announced*
- **NEW MILFORD BARRACUDAS SWIM TEAM** (age 6-16) at Canterbury School Pool. \$300  
Program runs from mid-October through February. Registration on September 16<sup>th</sup>  
(mandatory) at New Milford Parks and Rec office (355-6050)
- **ICE SKATING LESSONS** at Canterbury School starting October 17<sup>th</sup>. \$95  
Register starting Sept. 8<sup>th</sup> at New Milford Parks and Rec office (355-6050)
- **GMS ROWING CENTER in New Milford (350-4004)** Programs for all ages



**BRIDGEWATER RECREATION COMMISSION**  
P.O. Box 216, Bridgewater, CT 06752 (860) 355-9133  
[www.bridgewater townhall.org/recreation.html](http://www.bridgewater townhall.org/recreation.html)

Postal Patron  
Bridgewater, CT 06752

Bulk Rate  
U.S. Postage  
**PAID**  
Bridgewater, CT 06752  
Permit No. 8  
Carrier Route Presorted

DOWNLOAD A PROGRAM REGISTRATION FORM AT  
[www.bridgewater townhall.org/recreation.html](http://www.bridgewater townhall.org/recreation.html)



**Family Trail Day**  
**Sunday, September 20<sup>th</sup>**  
**2 – 4 PM**

**Ketchum Children's Trail**  
Warner Road, Bridgewater



- *Hike the newly refurbished children's trail.*
- *Meet some of Bridgewater's finest animals.*
  - *Participate in a kids' scavenger hunt.*

Cider, locally grown apples, and sweet treats.

Sponsored by the Bridgewater Land Trust  
in conjunction with the Bridgewater Recreation Commission.